














STANDARD MASSES

 E1 mass	 E2 mass	 F1 mass	 F2 mass	 E1 mass	 E2 mass
1 mg	1 mg	1 mg	1 mg	1 g	1 g
2 mg	2 mg	2 mg	2 mg	2 g	2 g
5 mg	5 mg	5 mg	5 mg	5 g	5 g
10 mg	10 mg	10 mg	10 mg	10 g	10 g
20 mg	20 mg	20 mg	20 mg	20 g	20 g
50 mg	50 mg	50 mg	50 mg	50 g	50 g
100 mg	100 mg	100 mg	100 mg	100 g	100 g
200 mg	200 mg	200 mg	200 mg	200 g	200 g
500 mg	500 mg	500 mg	500 mg	500 g	500 g
				1 kg	1 kg

 F1 mass	 F2 mass	 M1 mass	 M1 mass	 SLOTTED M1 mass	 M1 HOOK mass	 M1 BEAM BARS mass
1 g	1 g	1 mg	1 g	1 g	1 g	
2 g	2 g	2 mg	2 g	2 g	2 g	
5 g	5 g	5 mg	5 g	5 g	5 g	
10 g	10 g	10 mg	10 g	10 g	10 g	10 g
20 g	20 g	20 mg	20 g	20 g	20 g	
50 g	50 g	50 mg	50 g	50 g	50 g	
100 g	100 g	100 mg	100 g	100 g	100 g	100 g
200 g	200 g	200 mg	200 g	200 g	200 g	
500 g	500 g	500 mg	500 g	500 g	500 g	500 g
1 kg	1 kg		1 kg	1 kg	1 kg	1 kg
2 kg	2 kg		2 kg	2 kg	2 kg	
5 kg	5 kg		5 kg	5 kg	5 kg	
10 kg	10 kg		10 kg	10 kg	10 kg	
	20 kg		20 kg			